

ESPALIER HERITAGE SCHOOL

Annual Academic Planner 2025-26

Grade V EVS (NCERT Syllabus)

Sr. No.	Lesson Name	Learning Objectives	Teaching Methodology	Pedagogical Methods	Learning Outcomes	Teaching Aids	Teaching Place	Worksheet Ready	Reference Books	No. of Lectures	Class Activities	Activity Suggested	NEP 2020 Integration
1	Super Senses	Understand sense organs	Explanation, Discussion	Experiential Learning	Identifies sense organs	Pictures, PPT	Classroom	Yes	NCERT EVS	8	Guessing senses	Sensory walk	Experiential & curiosity-based
2	A Snake Charmer's	Respect traditional	Storytelling, Discussion	Value-based	Respects cultural	Charts, Pictures	Classroom	Yes	NCERT EVS	9	Story discussion	Interview	Cultural awareness
3	From Tasting to	Learn digestion	Explanation, Demonstrati	Inquiry-based	Explains digestion	Charts, Models	Classroom	Yes	NCERT EVS	9	Label diagram	Food journey	Health & wellness
4	Mangoes Round	Understand food	Discussion	Experiential Learning	Explains preservation	Pictures	Classroom	Yes	NCERT EVS	8	Food list	Home activity	Life skills
5	Seeds and Seeds	Seed dispersal	Activity-based	Constructivi st	Identifies seeds	Seeds, Charts	Classroom	Yes	NCERT EVS	7	Seed sorting	Germination	Environmental awareness
6	Every Drop	Water conservation	Discussion	Problem-based	Saves water	Charts, Videos	Classroom	Yes	NCERT EVS	8	Poster making	Rainwater model	Sustainability
7	Experiments with	Properties of water	Hands-on Activities	Experiential Learning	Observes water	Containers	Classroom	Yes	NCERT EVS	7	Float & sink	Mini experiments	Inquiry learning
8	A Treat for	Health and sanitation	Discussion	Health Education	Prevents diseases	Pictures	Classroom	Yes	NCERT EVS	6	Cleanliness drive	Survey	Health & hygiene
9	Up You Go!	Climbing and balance	Discussion	Experiential Learning	Explains balance	Pictures	Classroom	Yes	NCERT EVS	7	Sports talk	Balance games	Physical education
10	Walls Tell Stories	Historical monuments	Explanation	Heritage Education	Values heritage	Images	Classroom	Yes	NCERT EVS	6	Picture talk	Monument visit	Cultural literacy
11	Sunita in Space	Space exploration	Discussion, PPT	Inquiry-based	Knows astronauts	Videos	Classroom	Yes	NCERT EVS	8	Quiz	Rocket model	Scientific temper
12	What If It Finishes?	Natural resources	Discussion	Sustainability	Uses resources	Charts	Classroom	Yes	NCERT EVS	7	Resource list	Reuse activity	Environmental ethics
13	A Shelter So High	Types of shelters	Visual Learning	Constructivi st	Relates shelter &	Pictures	Classroom	Yes	NCERT EVS	6	Match regions	House models	Climate awareness

14	When the Earth	Earthquake safety	Demonstration	Disaster Education	Follows safety rules	Videos	Classroom	Yes	NCERT EVS	6	Do's & Don'ts	Mock drill	Disaster preparedness
15	Blow Hot, Blow Cold	Air and breathing	Demonstration	Experiential Learning	Explains air temperature	Balloons, paper	Classroom	Yes	NCERT EVS	6	Hand experiment	Breathing activity	Scientific inquiry
16	Who Will Do This	Dignity of labour	Storytelling	Value-based	Respects all work	Flashcards, role play	Classroom	Yes	NCERT EVS	7	Group discussion	Role play	Social values
17	Across the Wall	Gender equality	Role Play	Inclusive Pedagogy	Promotes equality	Story chart, role	Classroom	Yes	NCERT EVS	8	Mixed games	Skit	Equity & inclusion
18	No Place for Us	Migration and identity	Discussion	Empathy-based	Understands displacement	videos	Classroom	Yes	NCERT EVS	6	Map activity	Case study	Social justice
19	Whose Forests?	Forest rights	Discussion	Critical Thinking	Understands tribal life	Pictures	Classroom	Yes	NCERT EVS	5	Debate	Community study	Democratic values
20	Like Father,	Heredity	Observation	Inquiry-based	Identifies similarities	Photos	Classroom	Yes	NCERT EVS	6	Family tree	Trait chart	Scientific reasoning
21	On the Move	Migration patterns	Discussion	Experiential Learning	Explains migration	Maps	Classroom	Yes	NCERT EVS	7	Route mapping	Interview	Life skills