

Sr No	Lesson Name	Learning objectives/ Subtopic	Methodology	Pedagogical process	Teaching Aid	Teaching Place	Reff.books with pg.no.	Learning outcomes	No.of lectures required	Class Activities /Diagrams / Map work
1	Me	1)To help the kids to become comfortable in the school. 2) To help the kids to be able to introduce themselves. 3) To understand that each one is special. 4) To know the uniqueness of the fingerprints and the foot prints.	discussion, explanation, understanding, reading, writing.	Step 1: ( Classroom) The teacher enters the class with a puppet of a cartoon. She asks the puppet to introduce itself to the class and also asks the kids to give their introduction to the puppet. Step-2 : ( Classroom) The teacher enters the classroom with a height tape and asks each kid to check his or her partners height.She will at last discuss about who is the tallest and the shortest child in the class. She will now teach a song which says 'I am special'. Step 3: The teacher conducts an activity to show the fingerprintsand discusses about the different finferprints and footprints of each individual.	1) puppet of a cartoon 2) height tape 3) maginifying glass	Classroom	My Vibrant Planet.	1) The kids will become comfortable with the class and introduce themselves,. 2) The kids will know their own height. 3) The kids will know how each one has different fingerprints and footprints. 4) They will know that each one is special.	5	1)Measuring the height of the partner. 2) Activity for the finger prints and footprints.( Course book pg.no 12)
2	My Family	1) To know different members in a family. 2) To understand the meaning of nuclear and joint family. 3) To be able to dicuss about the family. 4)To be able to read after the teacher.	discussion, explanation, understanding, reading, writing.	Step 1: ( Gazebo) The teacher enters the class with the finger puppets of the family members. She sings along the song " Mummy Finger" and also allows the kids to handle the puppets and sing along. The teacher now discusses about the family and the types of family with the kids. Step -2 ( Gazebo) The teacher helps the kids to make a Family Photo Frame using icecream sticks. and also discusses the activities the kids they enjoy doing with their family.	Finger puppets of the family members	Gazebo and classroom	My Vibrant Planet.	1) The kids will be able to know about the different types of families and also that even some animals and birds live in families. 2)They will be able to discuss about the things that they enjoy doing with their families.	4	Finger puppet enactment by the teacher and the kids as well.
3	My Body	1) To guide about the different parts of the body. 2) To guide about how the body parts helpus in our daily routine.	discussion, explanation, understanding, reading, writing.	Step 1: ( Kuteer)The teacher teaches the song on body ( bogie Wogie song) The teacher shows the flash cards of the body parts in her hand and asks the kids to identify each body part and discusses its uses. Step 2: ( AV Room) The teacher will show the video on the action song head, shoulders knees and toes. The teacher will now ask the kids to draw and label different body parts. Step 3: (Classroom) The teacher will read aloud the lesson and kids will read along. She will also discuss textual question answers.Step 4 Classroom) The teacher will guide the kids to write in the note book.	video on the action song, flash cards of the body parts	Kuteer and classroom	My Vibrant Planet.	1) The kids will be able to identify each body part. 2) The kids will be able to discuss the uses of each part. The kids will enjoy the song.	4	Flash card identification, video of the action song, singing the song

4	Sense organs	1) To know the meaning of sense. 2) To know what are the sense organs. 3) To know the functions of sense organs.	discussion, explanation, understanding, reading, writing.	Step 1: ( Kuteer)The teacher will arrange the Sensory Zone for the kids wherein they will observe and enjoy the activitites based on the 5 sense organs. Step 2( classroom)The teacher will now discuss by recalling the activity in the previous class about the 5 senses and the sense organs. Step 3: ( classroom) The teacher will read the lesson and the kids will read along with the teacher. The teacher will discuss about the questions on pg no 29 of the coursebook. Step 4 ( Classroom) The teacher will guide to write the new words and the question and answers in the note book	Sensory Zone set up: *For taste( tongue): tamaraind, sugar, neem leaves, lemon, laddu.* For smell ( nose): fish, perfume, curry leaves, detol.* For feel ( skin): soft toy, scrub * For sound( ears): bell, sand in small box, stones in a small box.	Kuteer and classroom	My Vibrant Planet.	1)The kids will enjoy the sensory zone setup.2) The kids will know the 5 senses and the organs responsible for these senses.	4	Sensory Zone set up
5	What do I eat?	1)To guide about the different kinds of food. 2) To explain where does food come from. 3) To explain how important role plays in our body.	discussion, explanation, understanding, reading, writing.	Step 1( Kuteer) The teacher arranges a display of various food stuff. The kids will enjoy the display and the teacher will explain about each food stuff and also water. Step-2(Gazebo) The teacher will bring the pictures of the food items and will ask the kids to place the pictures according to the way in which they help us. Step 3 ( Farming plot Gazebo) : The teacher will explain the different sources of food by showing the crops in the field( plant sourc) and cow( milk- animal sources).	Food stuff set up: * Food that gives energy: chapati, rice, butter, cheese. * Food that helps to grow: milk, almonds, eggs, dal, fish. * Food that keeps us healthy: fruits and vegetables. Glass of water. Pictures of the above food items for making a chart the chart.	Kuteer, Gazebo, Classroom	My Vibrant Planet.	The kids will know the importance of food. 2) The kids will know the sources of food. 3) They will know the importance of water in the body.	5	1)Food exhibit. 2) Chart making on types of food.
6	Body needs care.	1) To guide about the importance of hygiene. 2) To guide about importance of exercise. 3) To guide about the importance of eating healthy.	enact the actions, discussion, explanation, understanding, reading, writing.	Step 1( Gazebo) The teacher asks some kids to do the actions of brushing teeth, bathing, doing exercise, eating healthy food, cutting nails, comb hair properly while the other classmates need to guess the actions done by their friends. The teacher will now discuss these actions in detail and explain importance of each in detail. Step 2( AV Room) The teacher will now show the video on how to take care of our body. Step 3( Classroom) The teacher will now read aloud the lesson and the kids will read along. Now she will discuss the question answers from the coursebook. Step 4( Classroom) The teacher will now guide the kids to write in the note book.	nail cutter, comb, tooth brush, soap, mug, any fruit, a packet of chips	Gazebo, AV Room and classroom	My Vibrant Planet.	1) The kids will understand the importance of hygiene. 2) The kids will learn how to take good care of the body. 3) The kids will learn good eating habits. 4) The kids will be able to read and write promptly.	5	Video on hygiene and enactment of the actions told by the teacher and guessing the actions right.
7	Home sweet home	1) To guide the kids about the rooms in the house. 2) To guide about the importance of house. 3) Reading the lesson.	discussion, explanation, understanding, reading, writing.	Step 1( AV Room): The teacher will give instructions to the kids and ask the kids to draw the house as per her instructions. The teacher will now show the video on house with its rooms. Step 2( Classroom): The teacher will show various objects which are used to keep the house clean. Step 3( Classroom) : The teacher will read aloud the lesson and ask the kids to read after her. She will now discuss the question answers from the coursebook. Step 4 ( Classroom) The teacher will guide the kids to write in the notebook.	Video, broom, mop, phenyl, detol, dustbin, dustpan	AV Room, Classroom	My Vibrant Planet.	1) The kids will know about various rooms in the house. 2) The kids will know the importance of house. 3) The kids will be able to read the lesson. 4) The kids will be able to write in their notebook.	5	Video, identify the objects used for cleaning and discuss its importance.

8	My School	1) To guide about the different places in our school. 2) To discuss the uniqueness of our school.	discussion, explanation, understanding, reading, writing.	Step 1 ( School Tour) : The teacher will take the kids to a school tour and discuss about the particular areas in the school. Step 2 ( Classroom) ; The teacher will discuss the questions from the coursebook. Step 3: ( Classroom) The teacher will now guide the kids to write in their notebook.	_____	School tour, classroom	My Vibrant Planet.	1) The kids will be able to explain the different things they observe in their school. 2) The kids will be able to write in their note book.	4	_____
9	My neighbourhood	1) To guide the kids about the different places in the neighbourhood . 2) To guide about the importance of neighbours.3)Reading the lesson.	discussion, explanation, understanding, reading, writing.	Step1( Classroom) The teacher will show the picture of various places such as school, hospital etc to the kids and ask them to identify and tell their uses. Step 2( Classroom) The teacher will now explain the various places which play an important role in our daily life.The teacher will read and the kids will follow the teacher. Step 3 ( Classroom) The teacher will discuss the coursebook question and answers.Step 4 ( Classroom) The teacher will now guide the kids to write in their notebooks.	Picture of hospital, post office, school, garden, supermarket, police station, fire station.	Classroom	My Vibrant Planet.	1) The kids will understand the importance of neighbours. 2) The kids will know various places around them which make their life easy.	5	Identify the pictures of the places in the neighbourhood and discussion.
10	Festivals	1) To guide children about different festivals of our country like national festivals eg republic day and religious festivals like diwali. 2) to guide students about the importance of these special days or festivals.	obsevation, discussion , explanation, writing and reading	Step1( AV room) The teacher will show the video on festivals and after that ask them some questions. Step 2 -( Classroom) The teacher will now explain the various Festivals celebrated . she will explain about Diwali, Eid, Holi, Gurupurab , Christmas , Pongal, etc and National festivals like Republic day , Independence day, and Gandhi jayanti..The teacher will read and the kids will follow the teacher. Step 3 ( Classroom) The teacher will discuss the coursebook question and answers.Step 4 ( Classroom) The teacher will now guide the kids to write in their notebooks.	video , pictures of different festivals (national and religious festival)	Av Room, Classroom	My Vibrant Planet.	1) The kids will understand the importance of festivals. 2) The kids will be able to tell about national and religious festivals.	5	Finding out about different people celebrating which different festivals according to their religion.
11	Means of transport	1) To guide children about the different modes of transport 2) To guide children about Airways , waterways and landways, 3) To guide students about the different examples of transport like aeroplane, train, ship etc.	obsevation, discussion , explanation, writing and reading	Step1( Classroom) The teacher will show the picture of various means of transport such as train , bicycle etc to the kids and ask them to identify and tell their modes of transport. Step 2( Classroom) The teacher will now explain the various Transports which play an important role in our daily life.The teacher will read and the kids will follow the teacher. Step 3 ( Classroom) The teacher will discuss the coursebook question and answers.Step 4 ( Classroom) The teacher will now guide the kids to write in their notebooks.	Picture of Means of transport like aeroplane, car bus , ship, boat etc	Parking area , classroom	My Vibrant Planet.	1) The kids will understand the importance of Transport. 2) The kids will be able to tell about Modes of transport and Means of transport and their uses..	5	Making a list of transport diffrentiating into engine vehicles and which are drawn by animals.
12	Safety comes first	1) To guide students about the safety rules and at different places like :- SAFETY RULES AT 1)Home 2) While playing 3) While travelling by bus 4) on the road 5) while swimming	obsevation, discussion , explanation, writing and reading	Step1( train passage) The teacher will show the demonstration of the traffic signal and different signs Step 2( Classroom) The teacher will now explain the safety rules and also tell their importance to the students..The teacher will read and the kids will follow the teacher. Step 3 ( Classroom) The teacher will discuss the coursebook question and answers.Step 4 ( Classroom) The teacher will now guide the kids to write in their notebooks.	traffic signs boards, objects that can harm like- knife scissors , match sticks etc	visit to traffic park, classroom	My Vibrant Planet.	1) The kids will understand the importance of safety rules. 2) The kids will be able to tell about different safety measures that needs tto be taken while handling risky objects.	7	Writing a paragraph on the experience we got from the visit to trsfic park.

13	Living and Non - living things	1) To guide students about the Living and non living things 2) to guide students about the difference between living and non living things	obsevation, discussion , explanation , writing and reading	Step1( under the tree) The teacher will show show some objects and ask students to obseve and teacher will through some questions on them and the have to find the answer by observing the object. Step 2( Classroom) The teacher will now explain the living and non living things and the difference between them..The teacher will read and the kids will follow the teacher. Step 3 ( Classroom) The teacher will discuss the coursebook question and answers. Step 4 ( Classroom) The teacher will now guide the kids to write in their notebooks.	mixture of living and non living things like plant, chalk , chair, birds moving in the sky, train etc	under the tree (open classroom), classroom	My Vibrant Planet.	1) The kids will understand the about living and non living things. 2) The kids will be able to tell the difference between the living and non living things.	5	Going around the school( with the teacher) and making a list of objects which are seen by the students in living and non living things .
14	Green World	1) To guide the kids to know the process of germination.2) To guide about parts of the plant. 3) To guide about the various types of plants. 4) To guide about the various uses of plants.	discussion, explanation, understanding, reading, writing.	Step 1( Farming plot): The kids will be taken to the farming plot and asked to put some soil in the small pots given to them. They will now sow the mustard seeds in the pot, water the pot and place the pots in their class window. The teacher will now ask the kids to observe the pot everyday and discuss the changes with the teacher. Step 2( Botanical garden): The kids will be taken to the botanical garden. The teacher will discuss about the various types of plants and the importance of plants. Step3:( Gazebo) The teacher will show a plant to the kids and discuss the parts of the plant. Step 4: (Classroom) The teacher asks the kids to make a chart on the parts of the plant and the process of germination.Step 5:( Classroom): The teacher will read aloud the lesson and the kids will read after her. The teacher will discuss the coursebook work. Step 6( Classroom): The teacher will guide the kids to solve the notebook work.	Chart of germination process, complete plant to show the parts of the plant, small pot, mustard seeds, soil, water	Field visit to the botanical garden, farming plot, gazebo, classroom	My Vibrant Planet.	1) The kids will know the process of germination.2) The kids will know the parts of the plant. 3) The kids will know the importance of plants. 4) The kids will know the various types of plants in the surrounding.	6	Field visit to the botanical garden. Making the chart of the life cycle of plant and the parts of plant.
15	Our Animal Friends	1) To guide about the habitat of various animals.2) To guide about the carnivore, herbivore and omnivore. 3) To guide about the amazing body parts of some animals.	discussion, explanation, understanding, reading, writing.	Step 1(Kuteer): The teacher will setup different habitats like forest, farm, desert, domestic, water,and also arrange the various animals randomly. The teacher will ask the kids to place the animals in the appropriate habitat.The teacher will then discuss about the habitat.Step 2( AV Room):The teacher will show the video on the houses of animals and the pictures of some animals to explain about the special body parts.Step 3( Kuteer): The teacher will show some animal toys to the kids and ask the kids what do these animal eat. She will then explain the terms: herbivore carnivoe and omnivore.Step 4( Classroom): The teacher will now ask the kids to the read aloud the lesson and discuss the question answers in the coursebook.Step 5( Classroom) The teacher will guide the kids to solve the notebook work.	toy animals: cow, buffalo, camel, sheep, tiger, lion, deer, fish,cat, dog,etc for the Animal Habitat Activity. Video on houses of animals and pictures of some animals like camel, whale, zebra,	Kuteer and AV Room classroom	My Vibrant Planet.	1) The kids will know about the habitat of various animals.2) The kids will now about the carnivore, herbivores and omnivores. The kids will know about the special body parts of some animals.	6	The animal habitat activity

16	Air and water	1) To guide about air and its imporatnce. 2) To guide about water and its importance.	discussion, observation, explanation, understanding, reading, writing.	Step 1( Kuteer): The teacher will ask the kids to observe the moving leaves of the trees, their own hair moving and breathe deep in and breathe out. Now, she will explain about air using a balloon and discuss about air, its presence and uses. Step 2(Gazebo) : The teacher will have a general discussion on water and its uses with the kids. Step 3( AV Room): The teacher will show the video on air and water to the kids. Step 4( Classroom) : The teacher will ask the kids to read aloud the lesson and discuss the exercises in the coursebook. Step 5( Classroom) : The teacher will guide the kids to write in their note book.	video on air and water, balloon	Kuteer, AV Room and classroom	My Vibrant Planet.	1) The kids will know the facts about airand its uses.2) The kids will know the facts about water and the uses of water.	6	_____
17	Seasons	1) To guide the kids about the various seasons.	discussion, observation, explanation, understanding, reading, writing.	Step 1( Kuteer) The teacher will arrange the exhibition for all the seasons and ask the kids to discuss about it.Step 2( AV Room): The teacher will show the video on the seasons. Step 3( Classroom) : The teacher will ask the kids to read the lesson and discuss the coursebook exercises. Step 4( Classroom) : The teacher will guide the kids to write in their notebook.	video on the seasons and the accessories for rainy day, winter and summer.	Kuteer, AV Room and classroom	My Vibrant Planet.	1) The kids will understand about seasons. 2) They will be able to read promptly.	6	Exhibit of the rainy day, summer and the winter accessories