

ESPALIER HERITAGE
Annual Lesson P

Grade : VII

Geography – Our Environment

Sr No	Chapter	Key Subtopics	Methodology	Learning Objectives
1	Environment	Natural & human environment	Discussion, examples	Understand components of environment and human–nature interaction.
2	Inside Our Earth	Rocks, minerals, rock cycle	Explanation, visuals	Learn about earth's interior, rocks and minerals.
3	Our Changing Earth	Volcanoes, earthquakes	Demonstration, video	Understand earth processes like earthquakes and volcanoes.
4	Air	Composition, weather, climate	Discussion	Learn composition of atmosphere
5	Water	Water cycle, oceans	Explanation	Understand water cycle
6	Natural Vegetation & Wildlife	Types, conservation	Visual learning	Learn vegetation types
7	Human Environment – Settlement, Transport & Communication	Settlements, transport	Discussion	Understand human settlements
8	Human Environment Interactions	Life in deserts & plains	Comparative study	Study life in regions

History – Our Pasts II

Sr No	Chapter	Key Subtopics	Methodology	Learning Objectives
1	Tracing Changes Through a Thousand Years	Sources, historians	Storytelling	Understand historical sources
2	New Kings and Kingdoms	Administration, rulers	Discussion	Learn medieval administration
3	The Delhi Sultans	Dynasties, administration	Storytelling	Understand Sultanate rule
4	The Mughal Empire	Rulers, policies	Explanation	Study Mughal governance
5	Rulers and Buildings	Architecture	Visual analysis	Learn architecture
6	Towns, Traders and Craftspersons	Trade, markets	Discussion	Understand medieval economy
7	Tribes, Nomads and Settled Communities	Community life	Discussion	Learn about tribal life
8	Devotional Paths to the Divine	Bhakti & Sufi	Storytelling	Understand Bhakti & Sufi movements
9	The Making of Regional Cultures	Culture & regions	Explanation	Learn cultural diversity
10	Eighteenth-Century Political Formations	Decline of Mughals	Discussion	Understand political changes

Civics – Social and Political Life II

Sr No	Chapter	Key Subtopics	Methodology	Learning Objectives
1	On Equality	Equality, inequality	Discussion	Understand equality
2	Role of the Government in Health	Public health	Discussion	Learn public health role
3	How the State Government Works	Legislature, executive	Role play	Understand state governance

4	Growing up as Boys and Girls	Gender roles	Discussion	Understand gender roles
5	Women Change the World	Women achievers	Discussion	Learn women's contributions
6	Understanding Media	Media influence	Analysis	Understand media role
7	Understanding Advertising	Advertising & consumers	Visual analysis	Learn advertising impact
8	Markets Around Us	Types of markets	Discussion	Understand market types
9	A Shirt in the Market	Production chain	Explanation	Understand production process

**SCHOOL
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Subject : Social Science**

Learning Outcomes	Teaching Aids	Periods	Activities / Map Work	Assessment
Students explain natural, human and human-made environments with examples.	PPT, pictures	3	Case discussion	Worksheet
Students identify rock types, explain the rock cycle and uses of minerals	Charts, samples	4	Diagram labeling	Worksheet
Students describe landform changes and locate major landforms on maps.	PPT, models	4	Diagram work	Activity sheet
Differentiate weather and climate	Charts, video	4	Weather chart	Worksheet
Explain water conservation	Globe, maps	4	Water cycle diagram	Worksheet
Suggest conservation measures	Pictures, PPT	4	Scrapbook	Project
Compare rural and urban settlements	Maps, PPT	4	Map work	Worksheet
Compare lifestyles in different regions	Maps, images	4	Comparison chart	Activity

Learning Outcomes	Teaching Aids	Periods	Activities	Assessment
Interpret timelines	Timeline charts	4	Timeline creation	Worksheet
Describe governance systems	Maps, PPT	4	Map marking	Worksheet
Explain administrative reforms	Maps, visuals	5	Role play	Test
Analyse Mughal contributions	PPT, charts	5	Family tree	Worksheet
Identify architectural styles	Pictures	3	Monument study	Activity
Explain trade networks	Maps, PPT	4	Case study	Worksheet
Compare tribal and settled communities	Images	3	Group discussion	Worksheet
Explain cultural impact	Audio, PPT	4	Comparative chart	Activity
Describe regional cultures	Maps, visuals	4	Culture collage	Project
Explain rise of regional powers	Maps, PPT	4	Concept map	Test

Learning Outcomes	Teaching Aids	Periods	Activities	Assessment
Recognise discrimination	Newspaper clips	4	Case study	Worksheet
Explain government health services	PPT, videos	4	Poster making	Activity
Describe legislature and executive	Charts	4	Mock assembly	Worksheet

Analyse stereotypes	Stories, PPT	3	Reflection writing	Activity
Appreciate women achievers	Biographies	3	Biography project	Worksheet
Analyse media influence	News clips	4	Media analysis	Activity
Evaluate advertisements	Ads, PPT	4	Ad critique	Worksheet
Explain supply chains	Local examples	4	Survey	Project
Trace journey of goods	Flow charts	4	Flow diagram	Worksheet