

Espalier Heritage School

Grade -3 Subject- EVS Term-2

Month	Lesson Title	Learning Objectives	Methodology	Pedagogical Approach	Teaching Aids	Experiential learning	Brief Explanation	Learning Outcomes	Worksheets	Book reference no.	No. of lecture required
November	Water – A Precious Gift	Identify sources of water; Understand water cycle basics; Learn importance of clean drinking water; Explore traditional methods of water storage; Develop habits of water conservation	Storytelling on water scarcity; Group discussion; Water diary activity; Filtering muddy water demo; Save water poster drawing	Inquiry-based learning; Experiential learning; Value education; Activity-based pedagogy	Water cycle chart; Globe; Water-saving posters; Video clips; Glass jar experiment	Draw posters on saving water Simple experiment: filter muddy water with cloth. Observe water sources around school/home	Children learn why water is vital, where it comes from, and how to conserve it in daily life.	List sources of water; Explain water cycle; Demonstrate ways to save water; Appreciate water as essential for life	YES	pg.no.86	7
Nov/Dec	Food We Eat	Identify food types; Understand sources (plants/animals); Learn balanced diet; Explore cultural diversity; Recognize seasonal foods	Food chart activity; Group work; Role play; Show-and-tell; Visit to garden/kitchen	Constructivist approach; Collaborative learning; Activity-based pedagogy; Multicultural perspective	Food flashcards; Real fruits/vegetables; Food pyramid chart; Festival food pictures	Bring and share seasonal fruits/vegetables • Visit school garden/kitchen • Classify foods into plant/animal sources	Students explore food diversity, sources, and healthy eating habits through fun, hands-on activities.	Classify foods; Explain sources; Recognize healthy vs junk food; Appreciate food diversity; Relate food to festivals	YES	pg.no.100	8
January	Staying Healthy and Happy	Importance of hygiene; Role of exercise and rest; Causes of illness; Importance of vaccination; Healthy routine	Handwashing demo; Healthy habits discussion; Drawing activity; Role play; Breathing exercises	Activity-based learning; Life skills education; Peer learning; Health awareness pedagogy	Soap; Towel; Hygiene charts; Exercise pictures; Toothbrush; Animated video	Demonstration of proper handwashing • Practice breathing exercises • Draw “My Healthy Day” routine	Focuses on personal hygiene, exercise, and rest to build awareness of healthy living.	Demonstrate hygiene; Explain exercise/rest; Recognize healthy choices; Awareness of preventive care	YES	pg.no.109	7

February	This is World of Things	Differentiate natural/man-made; Understand uses; Learn materials; Explore resources; Observation skills	Sorting activity; Nature walk; Group discussion; Show-and-tell; Material-object worksheet	Experiential learning; Observation-based; Hands-on activity; Constructivist approach	Objects (stone, leaf, toy); Flashcards; Chart; Worksheet	Nature walk to collect natural items • Sorting activity: natural vs man-made objects • Show-and-tell favorite object	Helps children distinguish between natural and human-made things by observing and classifying.	Classify objects; Identify uses; Appreciate resources; Relate materials to life; Show curiosity	YES	pg.no.123	6
February	Making Things	Simple making processes; Creativity and utility; Appreciate handmade items; Explore local crafts; Fine motor skills	Craft activity; Teacher demo; Peer sharing; Artisan visit; Group project	Project-based learning; Experiential pedagogy; Creative expression; Skill-based learning	Paper; Clay; Scissors; Glue; Craft materials; Craft samples	Hands-on craft activity (paper/clay models) • Peer sharing of handmade items • Invite local artisan for demo	Encourages creativity and appreciation of handmade items through craft-making activities.	Create simple craft; Explain making process; Value handmade work; Show creativity; Appreciate crafts	YES	pg.no.135	8
Ma	Taking Charge of Waste	Types of waste; Segregation methods; Recycling and reusing; Composting; Environmental responsibility	Waste bin activity; Group discussion; Recycling poster; Compost demo; Role play	Experiential learning; Environmental education; Collaborative learning; Value-based pedagogy	Waste bins; Charts; Recyclables; Video; Compost pit	Segregate classroom waste into bins • Create compost pit in school garden • Poster making on recycling • Role play: "Recycling superhero"	Builds responsibility in children to manage waste, recycle, and protect the environment.	Segregate waste; Explain recycling; Demonstrate waste practices; Create compost; Reduce plastic use	YES	pg.no.149	8