

Espalier-The Heritage School										
Annual Academic Planning (2025-26)										
Textbook- Oxford Educate										
Grade: I					Subject : EVS					
Chapter : 1					Introducing Myself					
Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	activity	pg. no.	No. of lectures
1	June	Lesson No/Name : 1. Introducing Myself Learning outcome- 1. Understanding of self and forming an identity 2. Get knowledge about the importance of an identity card 3. Acknowledge that all have different likes and dislikes Text Exercises. *Paste your picture and write about yourself. * Fill in the blanks * Colour the activities that you like * Answer the following questions	Step 1- Teacher will encourage the students to speak out their names & talk about themselves. Step 2 - Teacher asks questions Teacher questions 1] What is your name ? 2] When is your birthday ? 3] What is the name of your parents 4] What is your favourite thing. Step 3- Teacher will show an identity card and tell its importance Step 4- Teacher will ask about favourite things & make students realise that they are special. Step 5- Teacher will teach that good manners are their identity. Step 6 - Teacher helps children to carry out various activities discussed in the book.	Observation, Open classroom discussion, drawing, colouring, explanation, writing, reading.	1)Textbook, School ID card. 2)Paper, crayons, pencil (Art activity) 3)Photograph of child.	Home,online classroom.	1) Describe about themselves and stick their photograph. 2) Making an greeting card for a friend. 3) Discuss about the activities they like to do in their free time.	Draw & colour a favourite flower. make a card for your friend.	1)Textbook page no. 7 to 10	4
Chapter: 2										
My Family										
Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
2	July	Lesson No/Name : 2. My Family Learning outcome- 1. Recognize what a family is and what it includes 2. Get to know about different types of families 3. Understand the difference between small and large families 4. Identify and appreciate relationships Text Exercises- *Fill in the details about names of people in children's family *Match the rows * Fill in the blanks * Answer the following questions	Step1- Teacher will speak about the family & what it comprises. Step 2 - Teacher asks question to the students. Teacher questions 1] Who all are there in your family? 2]Do you have grandparents, uncle, aunts and siblings? 3]How do you help your family members? 4] Do you spend time with your family members? Step 3- Teacher will talk about different types of family. Step 4- Teacher will try to inculcate the value of helping, sharing & taking care of family members Step 5 - Teacher helps children to carry out various activities discussed in the book.	Observation, Open classroom discussion, sticking photographs, making scrapbook, explanation, Role play, writing, reading.	1)Textbook and animated video 2)Scrapbook, glue, decorative material, sketch pens (Art activity) 3)Photographs of child with family members.	Home hall or seating area,online classroom.	1) Tell about your family members & the role they play 2) Make a family tree 3)Show things they share with the family members. 4) Discuss about how they spend time with their family.	Make a family tree in your scrapbook with photographs of your family members or hand drawn pictures	1)Textbook page no. 11 to 14	4
Chapter: 8										
My Body										
Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required

3	July	Lesson No/Name : 8. My Body Learning outcome- 1. Recognize the various parts of their body 2. Understand about the different sense organs 3. Get knowledge about how sense organs help them to feel the world around them Text Exercises- * Answer the following by looking at the picture. * Match the rows * Fill in the blanks * Answer the following	Step1- Teacher will ask students to do Action Song Step 2 - Teacher asks question to the students. Teacher questions 1. What can you see in the mirror ? 2. What can you do with your eyes ? 3. How many fingers do you have 4. Which body part do you use for running. Step 3- Teacher will introduce the topic of sense organs Step 4- Teacher will make awareness that there are people who cannot use some of their body parts Step 5 - Teacher helps children to carry out various activities discussed in the book.	Observation, Open classroom discussion, explanation, writing, reading, Poem recitation	1)Textbook and animated video 2) Objects such as flowers, pen, bottle, stone, apple, etc. 3) Flashcards of eyes, nose, ears, tongue & skin.	Home ,online classroom.	1) Teacher will ask the students to touch, smell & see the different objects & answer how it feels, tastes, looks, smells & sounds. 2) Discuss about differently abled people & inculcate value of sensitivity & helpfulness 3) Students will sing the poem "Tap your head"(Action song)	Use your thumb print to draw a peacock and then colour & paste it in your scrapbook.	1)Textbook page no. 40 to 43	4
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Chapter: 5			My School							
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Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
4	July	Lesson No/Name : 5. My School Learning outcome- 1. Realize the importance of going to school 2. Know about the helpers in school 3. Recognize the different places in school and correlate these places with different activities. 4. Understand the need of wearing as school uniform and how to keep it neat and tidy. Text Exercises- *Fill in the details about people who live in your neighbourhood . *Draw a picture of your neighbourhood and color it. *Make a neighbourhood dairy and add important phone numbers in it.	Step1- Teacher will show the picture of Espalier heritage school. Step 2 - Teacher asks question to the students. Teacher questions 1] What is the name of your school? 2] What are the things that you do in school ? 3] Do you like your school ? Why ? Step 3- Teacher will explain the importance of going to school. Step 4- Teacher will discuss the role of teachers, principal in the school. Step 5- Teacher will explain the different places of school & accociate them with activities. Step 6 - Teacher helps children to carry out various activities discussed in the book.	Observation, Open classroom discussion, explanation, ,writing, reading, identification of pictures.	1)Textbook and animated video 2)Picture of School 3) Picture of principal 4) Photographs of various places in school.	Home,online classroom, Virtual school tour	1) Discuss about your favourite thing in school 2) Discuss about your favourite place in school.		1)Textbook page no. 23 to 26	5

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Chapter: 4			My Neighbourhood							
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Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required

5	August	Lesson No/Name : 4. My Neighbourhood Learning outcome- 1. Understand the concept of neighbourhood and neighbours 2. Recognize the different places in their neighbourhood 3. Understand and value the importance of keeping the neighbourhood clean and tidy. Text Exercises- * Solve the puzzle with the help of different colour pencils. * Match the rows. * Fill in the blanks * Answer the following	Step1- Teacher will discuss about different places they see around themselves Step 2 - Teacher asks question to the students. Teacher questions 1. Who lives near your house ? 2. Is there a market place near your house ? 3. Where to you go when you are sick ? 4. Which is your favourite park ? Step 3- Teacher will introduce the concept of neighbours. Step 4- Teacher will explain about different neighbourhood places & their importance. Step 5- Teacher will try to inculcate the value of cleanliness in neighbourhood. Step 6- Teacher helps children to	Observation, Open classroom discussion, writing, reading, presentation.	1)Textbook and animated video 2) PPT of different places in the neighbourhood.	Home ,online classroom,	1)Draw & colour the picture of an nearby park. 2) Discuss about how will you keep your neighbourhood clean 3) Discuss about what kinds of shops are there in the market.	Stick pictures of various neighbourhood places in your scrapbook.	1)Textbook page no. 19 to 22	4
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Chapter: 3 People Who Help Us										
Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
6	August	Lesson No/Name : 3. People Who Help Us Learning outcome- 1. Understand the importance of the different people who do different jobs for us 2. Acknowledge the importance of having a good behavior towards these people, who help us in our daily life 3. Learn and value the dignity of every type of work Text Exercises- * Help the people to reach the places with the help of colour pencils in the puzzle. * Match the row * Fill in the blanks * Answer the following	Step1- Teacher will tell a incident related to a plumber. Step 2 - Teacher asks question to the students. Teacher questions 1] Are there people who help us at home beside our family members ? 2] Whom do you call when your tap leaks ? 3] Who stitches our clothes ? 4] Who sweeps the roads outside our home ? Step 3- Teacher will discuss about people who help us in our daily life . Step 4- Teacher will emphasise on the jobs done by every person and that all jobs are important. Step 5 - Teacher helps children to carry out various activities discussed in	Observation, Open classroom discussion, explanation, writing, reading, Role play.	1) PPT of community helpers 2) Text & animated video 3) Tools of plumber, cook.	Home,online classroom,	1) Discuss about what would happen if there are no sweepers to help in our school. 2) Discuss about why do we need a police guard in our school. 3) Students will dress up like community helpers & talk about the work they do.		1)Textbook page no. 15 to 18	4
Chapter: 6 Plants Around Us										
Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required

7	August	Lesson No/Name : 6. Plants Around Us Learning outcome- 1. Identify the different types of plants growing around us 2. Value the importance of plants 3. Cultivate a feeling of respect and a sense of protection towards plants and forests Text Exercises- * Discuss what the child pulled out from the garden. * Write true or false. * Fill in the blanks * Answer the following question	Step1- Teacher will show a picture of the garden & ask them what they can see in the garden. Step 2 - Teacher will ask questions Teacher questions 1] Are all the plants same ? 2] What is the difference that you notice ? 3] What are the things that you notice in the garden ? Step 3- Teacher will explain about different kinds of plants. Step 4- Teacher will emphasise on usefulness of plants Step 5 - Teacher will explain the meaning of forest & explain the importance of trees to save the earth.. Step 6 - Teacher helps children to carry out various activities discussed in the book	Observation, Open classroom discussion, explanation, drawing, writing, reading, picture identification,	1)Textbook and animated video 2)A small plant 3)Picture of garden & forest. 4) Story of planting trees.	Home,online classroom, Home garden or veranda	1) Discuss about big trees & small trees. 2) Discuss why do we water the plants.	Make a cut-out of an tree & decorate it with small samples with various things that plants give us like fruits, vegetables, pulses, cotton etc.	1)Textbook page no. 27 to 31	5
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Chapter: 7 Animals Around Us

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
8	September	Lesson No/Name : 7. Animals Around Us Learning outcome- 1. Realize the diversity of animals around them 2. Categorize animals as pet, domestic and wild animals 3. Understand the usefulness of animals 4. Recognize the need to treat them with love and care Text Exercises- *Write the names of the animals. * Match the rows. * Fill in the blanks. * Answer the following.	Step1- Teacher will show a picture of animals in a jungle. Step 2 - Teacher will ask questions Teacher questions 1] What are the different animals that you see ? 2] Which animals are big ? 3] Which animals do we keep at home ? 4] How do animals help us ? Step 3- Teacher will explain the terms of wild animals, pet animals & domestic animals. Step 4- Teacher will emphasise on the importance of animals & need to take care of them. Step 5 - Teacher will explain the concept of plant eating animals & flesh eating animals. Step 6 - Teacher will explain different homes that different animals live in. Step 7 - Teacher helps children to carry out various activities discussed in	Observation, Open classroom discussion, explanation, drawing, writing, reading, Project based learning	1)Textbook and animated video 2)PPT of shelter of animals and things we get from animals. 3) Picture of jungle.	Home,online classroom,	1) Discuss about what animals are kept in a farm. 2) Ask which animal is the largest & the tallest animal ?. 3) Make a forest using the things at home.	Make a cut out of your favourite animal & paste it in the scrapbook, then write 5 lines about it.	1)Textbook page no. 32 to36	5

Chapter: 9 Healthy Habits

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
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9	September	Lesson No/Name : 9. Healthy Habits Learning outcome- 1. Get Knowledge about the concept of habit 2. Realize the importance of good habits and how these help in leading a healthy life 3. Understand that basic habits should be learnt well and practiced everyday Text Exercises- * Put a tick for the things that you do & cross for the things that you don't do. * Match the rows. * Write True or false. * Answer the following	Step1- Teacher will tell a story of a bad & an good boy. Step 2 - Teacher will ask questions Teacher questions 1] Do you have bath daily ? 2] Do you brush your teeth before you go to bed at night ? 3] Do you wash your hands after coming home after playing ? 4] Do you wash your hands before eating your meals ? Step 3- Teacher will emphasise on the importance of good habits. Step 4- Teacher will tell how the students should stay clean & follow the good habits. Step 5 - Teacher helps children to carry out various activities discussed in	Observation, Open classroom discussion, explanation, drawing, writing, reading, listening.	1)Textbook and animated video 2) Story of an good boy & bad boy. 3) Tooth brush, soap, handwash, Tongue cleaner	Home,online classroom,	1) Discuss about importance of washing hands. 2) Discuss about how to save water while bathing.	Cut out pictures of various things we use to keep our body clean & make a chart of it.	1)Textbook page no. 44 to 47	5
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Chapter : 10 Food We Eat

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
10	September	Lesson No/Name : 10. Food We Eat Learning outcome- 1. Realize the importance of food 2. Understand the concept of three meals a day 3. Value the vast variety of food that is available to us 4. Recognize the different kinds of milk products 5. Learn about the different sources of food such as plants and animals Text Exercises. * Discuss about what yash & his friends are doing in the picture. * Match the rows. * Tick the correct answer * Answer the following	Step1- Teacher will show picture off various food items. Step 2 - Teacher asks question to the students. Teacher questions 1] Which food do you like to eat ? 2]What would happen if you don't have food for the full day ? 3] Where do you get your energy to play, study & do all activities ? Step 3- Teacher will explain the importance of eating 3 meals on time. Step 4- Teacher will emphasise the importance of eating fresh & healthy food. Step 5- Teacher will explain the different sources of food. Step 6- Teacher will inculcate the value of not waisting food. Step 7 - Teacher helps children to carry out various activities discussed in the book	Observation, Open classroom discussion, Vegetable painting, explanation, writing, reading.	1)Textbook & animated video. 2) Pictures of different sources of food. 3) Paper, Paint, lady finger.	Home,online classroom.	1) Discuss about favourite food & when do you like to eat it. 2) Discuss about waistage of food.	Vegetable painting in a scrapbook.	1)Textbook page no. 48 to 51	4

Chapter: 11 Houses We Live In

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
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11	November	Lesson No/Name : 11. Houses We Live In Learning outcome- 1. Understand the importance of a house 2. Acknowledge about different kinds of houses 3. Develop a clear understanding for the differences between a strong house and a weak house. 4. Understand the concept of having different rooms in a house and usefulness of each room. Text Exercises- * Join the dots with number & colour the picture *Match the rows *Fill in the blanks. * Answer the following	Step1- Teacher will show different rooms in a house. Step 2 - Teacher asks question to the students. Teacher questions 1] What would you do if there were no houses ? 2] How many rooms are there in your house ? 3]How do early humans live when there were no houses ? Step 3- Teacher will explain the need of a house & what is inside a house. Step 4- Teacher will explain different type of houses. Step 5 - Teacher will emphasise on importance of a clean house. Step 6 - Teacher helps children to carry out various activities discussed in the book	Observation, Open classroom discussion, explanation, picture recognition writing, reading.	1)Textbook and animated video 2)Pictures of different rooms in your house 3) Cardboard sheet, scissors, twigs, glue.	Home,online classroom.	1) Discuss weather houses with thatched are strong, why ?. 2)Discuss how can we save energy at home.	Make your own Kuchcha house on an old cardboard sheet, cut out the shape of a hut & paste twigs to make a thatched roof.	1)Textbook page no. 52 to 55	4
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Chapter: 12

Clothes We Wear

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
12	December	Lesson No/Name : 12. Clothes We Wear Learning outcome- 1. Understand the importance of clothes 2. Understand how seasons affect our clothing recognise the sources of different types of clothes 3. Learn about the importance of wearing clean clothes Text Exercises- *unscramble the letter & write the name of the clothes correctly. * Fill in the blanks. *Write true or false. *Answer the following question.	Step1- Teacher will ask the students to identify the cloths shown in the picture. Step 2 - Teacher asks question to the students. Teacher questions 1. Which cloths do you wear when you go to school ? 2. Which cloths do you wear when you go out in rain ? 3. Which cloths do you wear when you feel cold ? Step 3- Teacher will explain the importance of cloths and the types of cloths worn in summer & winter season. Step 4- Teacher will explain what an uniform is & ask which professionals wear uniform. Step 5 - Teacher helps children to	Observation, Open classroom discussion, sticking pictures, explanation, writing, reading, role play.	1)Textbook and animated video 2) Raincoat, sweater, umberala, woollen cap.	Home ,online classroom.	1) Discuss which professionals wear uniform to work 2)Discuss why umbrellas should be made of waterproof material	Make an umbrella using origami sheet & Stick it in the scrapbook.	1)Textbook page no. 60 to 63	4

Chapter: 13

Our Festivals

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
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13	December	Lesson No/Name : 13. Our Festivals Learning outcome- 1. Understand the reason & purpose to celebrate festivals 2. Get knowledge about the different religious festivals 3. Get acknowledgement about what national festivals are 4. Learn the differentiation between religious and national festivals Text Exercises- *Describe the picture in 5 words . *Fill in the blanks. *Write true or false. * Answer the following.	Step1- Teacher will encourage the students to talk about the introductory picture. Step 2 - Teacher asks question to the students. Teacher questions 1] Which festivals do we celebrate at home ? 2] Which is your favourite festival ? 3] How do you celebrate this festival ? 4] What special food do you eat ? Step 3- Teacher will Talk about different festivals celebrated in India. Step 4- Teacher will talk about the national days celebrated & tell it's significance. Step 5- Teacher will make awareness about respecting the festivals that people from different religious	Observation, Open classroom discussion, role-play, explanation, writing, reading.	1) Picture of Indian flag. 2) Textbook & animated video.	Home,online classroom,	1) Discuss the need to wear new cloths at the festival. 2)Discuss how can we celebrate green diwali 3) Discuss how religious festivals are different from national festivals.	Making diya from origami sheets	1)Textbook page no. 64 to 68	5
Chapter: 14 Places of worship										
Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
14	January	Lesson No/Name : 14. Places of worship Learning outcome- 1. Relate the places of worship with different religions 2. Familiarize with the way in which different people pray 3. Understand that the basic teachings of all religions is the same Text Exercises- * Name & colour the following places of worship. * Tick the correct answer. * Write true or false. * Answer the following	Step1- Teacher will start the lecture with a prayer. Step 2 - Teacher asks question to the students. Teacher questions 1. Where do you go for worship ? 2. Are there different places of worship ? 3. What do you pray for ? 4. How do you feel when you go to a place of worship ? Step 3- Teacher will make a table about name of the religion, place of worship, holy book & collect response for the same. Step 4- Teacher will tell there are different rules & customs for every religion. Step 5 - Teacher will emphasise that all religions teach same things & we should respect all religions. Step 6- Teacher helps children to carry out various activities discussed in the	Observation, Open classroom discussion, explanation, writing, reading.	1)Textbook and animated video	Home ,online classroom, praying area	1) Discuss the reasons for praying. 2)Speak about the holy books which are read at home.	Make a bookmark writing Thank you god	1)Textbook page no. 69 to 71	4
Chapter: 15 Safety first										
Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required

15	January	Lesson No/Name : 15. Safety first Learning outcome- 1. Understand how to stay safe at home 2. Inculcate habits that keep them safe at school and while at play 3. Learn to travel safely on roads Text Exercises- * Put a cross where you think the child might get hurt. * Write true or false. * Use the picture clues & complete the sentence. * Answer the following questions.	Step1- Teacher will ask the students if they have heard the word safety & accident before. Step 2 - Teacher asks question to the students. Teacher questions 1] Why do accidents happen ? 2] How can we stop accidents from happening ? 3] Why are their traffic signals on the road ? 4] Why is there zebra crossing on the road. Step 3- Teacher will explain the safety rules at home, in school & on road. Step 4- Teacher will emphasise on following safety rules in parks, playgrounds & when they are playing. Step 5 - Teacher helps children to carry out various activities discussed in the book.	Observation, Open classroom discussion, drawing, writing, reading.	1)Textbook and animated video 2) Poem of traffic light.	Home,online classroom,	1) Discuss why do cars buses & vehicles stop if the traffic signal is red. 2) Discuss what will happen if the people do not follow traffic rules. 3) Discuss the sharp things that we need to avoid at home.	Make a traffic signal in your scrapbook.	1)Textbook page no. 72 to 76	5
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Chapter: 21 Transport

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
16	February	Lesson No/Name : 21. Transport Learning outcome- 1. Get Knowledge about the concepts of travel and transport 2. Identify the different means of transport Text Exercises. *Join the dots & see how do you go to school. * Write true or false. * Stick the correct answer. * Answer the following questions	Step1- Teacher will start the session by singing "wheels on the bus". Step 2 - Teacher asks question to the students. Teacher questions 1] How do you travel when you go outside a town ? 2] How do you come to school? 3] Which vehicle do you see in the sky ? 4] Which vehicle is seen in water ? Step 3- Teacher will ask which vehicles are commonly & rarely used. Step 4- Teacher will spread awareness regarding use of public transport & traveling to nearby places by walking or cycling. Step 5 - Teacher helps children to carry out various activities discussed in the	Observation, Open classroom discussion, drawing, explanation, writing, reading.	1)Textbook & animated video. 2)Pictures of different modes of transport	Home,online classroom.	1) Discuss what would happen if there are no vehicles. 2)Discuss how they can reduce smoke by reducing the use of private vehicles	Draw your favourite vehicle	1)Textbook page no. 102 to 105	4

Chapter: 22 Communication

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
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17	February	Lesson No/Name : _____ 22. Communication Learning outcome- 1. Get aquanted with the concepts of communication 2. Recognise the different means of communication 3. Identify the different devices we use to communicate with others and the wider world Text Exercises. * Choose the correct word & write what each person is doing. * Match the rows. * Fill in the blanks. * Answer the following	Step1- Teacher will instruct the students to complet the activity given in the classroom. Step 2 - Teacher asks question to the students. Teacher questions 1] How do you talk to your friend who is away from you ? 2]Do you know what's app ? 3] How are we communicating ? Step 3- Teacher will show explain why communication is important. Step 4- Teacher will explain the evolution of communication & the morden means of communication. Step 5- Teacher will try to imbibe the value of politeness while speaking to other people. Step 6 - Teacher helps children to carry out various activities discussed in the book	Observation, Open classroom discussion, explanation, writing, reading.	1)Textbook, School ID card. 2)Paper,water colour, paint brush, pen (Art activity) 3)Photographs of child doing his favourite activity.	Home,online classroom.	1) Discuss about your favourite means of communication & why. 2) Discuss about sending a email insted of a letter to save paper & save trees		1)Textbook page no. 7 to 10	4
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Chapter: 16 Air

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
18	February	Lesson No/Name : _____ 16. Air Learning outcome- 1. Realize that air is all around us 2. Understand the importance of air 3. Identify the difference between the different types of wind 4. Recognise the ways in which air gets dirty 5. Understand the importance of keeping the air clean Text Exercises- * Answer the pratical based questions * Match the rows * Tick the correct answer * Answer the following questions	Step1- Teacher will show a inflated ballon and a football Step 2 - Teacher will ask questions Teacher questions 1] Does the ballon have air ? 2] Can we feel the air ? 3] What will happen if we don't have air in our enviournment ? Step 3- Teacher will explain the properties of air & various ways in which air is helpful to us. Step 4- Teacher will explain different kinds of air movement. Step 5 - Teacher wll explain about how air gets dirty & how should we keep the air clean. Step 6 - Teacher helps children to carry out various activities discussed in the book.	Observation, Open classroom discussion, explanation, writing, reading, hands on activity	1)Textbook and animated video 2) Ballon & football	Home,online classroom, Home garden or veranda	1) Discuss about how does air get dirty. 2) Discuss about warm air & cool air.		1)Textbook page no. 79 to 82	4

Chapter: 17 Water

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
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19	February	Lesson No/Name : 17. Water Learning outcome- 1. Realise how water is vital for all the living beings on earth 2. Understand the various uses of water in their daily life 3. Recognise the various sources of water 4. Understand the Value to water conservation Text Exercises- *Draw any 2 ways in which we use water at home. * Write true or false. * Fill in the blanks. * Answer the questions	Step1- Teacher will show a picture and discuss about it. Step 2 - Teacher will ask questions Teacher questions 1] Is the child doing the right thing & what she must do insted ? 2] Can you live without water ? 3] what woud happen if there is no water in the tap of your kitchen ? 4] Why do you carry your waterbottle to school ? Step 3- Teacher will discuss about importance & uses of water. Step 4- Teacher will show various sources of water with help of PPT. Step 5 - Teacher will emphasise of proper usage of water and saving every drop of it. Step 6- Teacher helps children to carry out various activities discussed in the	Observation, Open classroom discussion, explanation, writing, reading, Hands on activity	1)Textbook and animated video 2)Clay dow, ribins.	Home,online classroom,	1) Discuss why should we not drink sea water. 2) Discuss where does rain come from	Make a pot using a clay dow & fill water in it.	1)Textbook page no. 83 to 86	4
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Chapter: 18 The Earth

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
20	March	Lesson No/Name : 18. The Earth Learning outcome- 1. Understand that we live on earth 2. Recognise the different landforms on the earth-plains, hills, mountains and valleys 3. Realise the different forms in which water is found on the earth Text Exercises. *What happnes when you put a pin through a ball & turn it around. * Wrtie true or false. * Fill in the blanks. * Answer the following	Step1- Teacher will bring an orange or globe in class & tell earth looks like it. Step 2 - Teacher asks question to the students. Teacher questions 1] What does the blue colour on the globe represent ? 2] Where would you like to go for an holiday, plains or mountains ? 3] How should we keep our earth clean ? Step 3- Teacher willcexplain the concept of different forms of land & water. Step 4- Teacher will explain how we exprience day & night on earth. Step 5- Teacher will emphasise on the subject of clean earth. Step 6 - Teacher helps children to carry out various activities discussed in the	Observation, Open classroom discussion, explanation, drawing writing, reading.	1)Textbook & animated video. 2) Globe or orange 3) Picture of mountains, V shaped valleys & deserts. 4) Pictures of Lake, river, sea & ocean 5) Torch & a ball.	Home,online classroom.	1) Discuss about not throwing rubbish & waist on land & in water.	Draw a scenery in your scrapbook.	1)Textbook page no. 87 to 90	4

Chapter: 19 Sky

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
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21	March	Lesson No/Name : 19. Sky Learning outcome- 1. Realise that the sky looks different during the day and at night. Even during the day, the sky looks different when the sun shines brightly and when there are dark clouds. 2. Identify the different things seen in the sky at different times %sun, moon, stars and clouds 3. Understand the concept of phases of the moon. 4. Understand the reason why stars appear tiny, because they are so far away . Text Exercises. * Draw what you see in the sky during the day & night. * Write true or false. * Fill in the blanks. * Answer the following	Step1- Teacher will show the picture of day & night & recite the poem of twinkle twinkle little stars. Step 2 - Teacher asks question to the students. Teacher questions 1] What can you see in the sky ? 2]How does it look before it starts raining? 3] What brings rain ? 4] Does the moon change it's shape every day ? Step 3- Teacher will explain the concept of sky & how dark clouds bring rain. Step 4- Teacher will explain about the significance of the sun & the moon. Step 5- Teacher will describe the phrase as to shine like a star. Step 6- Teacher helps children to carry out various activities discussed in the book.	Observation, Open classroom discussion, explanation, writing, reading.	1)Textbook, & animated video. 2) Shiny paper & scissor	Home,online classroom.	1) Discuss about why do we not see stars during the day. 2) Discuss why we cannot count the stars 3) Discuss when does a rainbow come	Make a star out of shiny paper & stick it in your scrapbook.	1)Textbook page no. 91 to 94	4
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Chapter: 20
Weather

Sr no	Proposed date	Learning outcome	Pedagogical methods	Methodology	Teaching Aid	Location	Activities/ Diagram/ Map work	Art integration activity	Reff books with pg. no.	No. of lectures required
22	March	Lesson No/Name : 20. Weather Learning outcome- 1. Get aquanted what weather means 2. Identify the different kinds of weather 3. Understand what causes the weather to change Text Exercises. *Find out the 5 differences between the two pictures. * Match the rows. * Fill in the blanks. * Answer the following	Step1- Teacher will carry out the activity given in the text book & explain the changes that indicate different kinds of weather. Step 2 - Teacher asks question to the students. Teacher questions 1] What do you do when you feel hot ? 2]When do we use an umbrella ? 3] When do we use a blanket ? 4) How do you feel when you go in a garden ? Step 3- Teacher will explain the concept of weather and how the air keeps changing. Step 4- Teacher will talk about different kinds of weather that we exprience. Step 5- Teacher will explain the reason of climate change at a perticular place Step 6- Teacher will explain the importance of planting trees Step 7 - Teacher helps children to carry out various activities discussed in the	Observation, Open classroom discussion, drawing, explanation, Identification of differences writing, reading.	1)Textbook & animated video.	Home, online classroom.	1) Discuss about what will happen if we cut down all trees.	Draw and colour a picture of your favourite weather in your scrapbook.	1)Textbook page no. 95 to 98	4